



STRIVE[®]
FITNESS CLUB

ULTIMATE MEN'S FITNESS DESTINATION

BIGGEST MEN-ONLY GYM IN WEST BAY

PROFIT

STRIVE FITNESS CLUB

— ABOUT US

BIGGEST MEN-ONLY GYM IN WEST BAY

Strive Fitness Club is a premium performance and lifestyle destination created for individuals who value excellence, precision, and results. Designed with a refined aesthetic and elite training standards, Strive offers more than fitness—it delivers a complete high-performance experience.

We combine world-class coaching, curated training programs, and a sophisticated environment to help our members elevate their physical strength, mental resilience, and overall well-being. Every detail at Strive is intentional, from our programming to our facilities, ensuring an experience that reflects ambition, discipline, and exclusivity.



DREAM
BELIEVE
STRIVE
ACHIEVE

— OUR VISION

To be a distinguished fitness and performance brand, setting new standards in luxury training experiences and measurable transformation.

— OUR MISSION

To deliver exceptional fitness and performance solutions through elite coaching, premium facilities, and personalized programs that empower our members to achieve lasting excellence.

— OUR VALUES

EXCELLENCE

A relentless pursuit of quality in coaching, service, and results.

DISCIPLINE

The foundation of sustainable progress and high performance.

PRECISION

Thoughtfully designed programs guided by expertise and data.

INTEGRITY

Transparent coaching, safe practices, and honest outcomes.

COMMUNITY

A refined culture built on respect, motivation, and shared ambition.



— OUR SERVICES

Strive Fitness Club offers a carefully curated portfolio of training services designed to meet the expectations of discerning clients.



— OUR SERVICES

ELITE STRENGTH & CONDITIONING

Advanced strength programs focused on muscle development, functional power, and athletic refinement, delivered through structured progression.

COMBAT & PERFORMANCE TRAINING

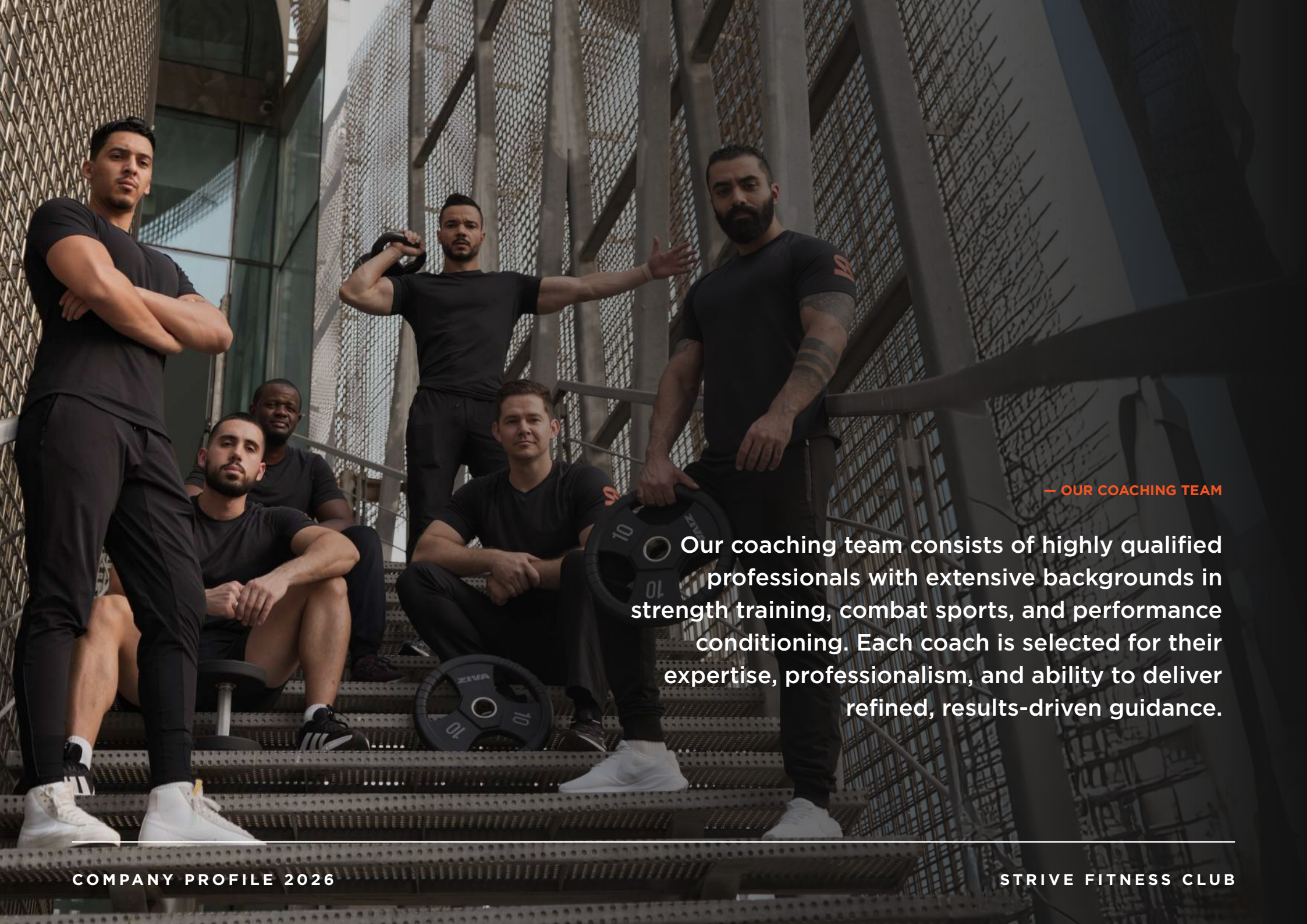
Premium training in Boxing, Muay Thai, and MMA conditioning, led by experienced professionals and tailored for both skill mastery and peak fitness.

SIGNATURE GROUP TRAINING

High-impact, expertly coached group sessions that blend performance, intensity, and community—designed for those who thrive in an elevated training atmosphere.

PERSONAL TRAINING

Bespoke one-on-one coaching experiences, customized to individual objectives, lifestyle demands, and performance goals, with continuous assessment and refinement.



— OUR COACHING TEAM

Our coaching team consists of highly qualified professionals with extensive backgrounds in strength training, combat sports, and performance conditioning. Each coach is selected for their expertise, professionalism, and ability to deliver refined, results-driven guidance.



— FACILITIES & EXPERIENCE

Strive Fitness Club features a meticulously designed training environment equipped with premium-grade strength equipment, dedicated functional zones, combat training spaces, and recovery-focused areas. The atmosphere is sophisticated, focused, and inspiring—crafted to support performance at the highest level.

A photograph of three men in a gym setting. They are all wearing dark athletic wear. The man on the left is wearing a black t-shirt and is giving a high-five to the man in the middle. The man in the middle is wearing a black tank top and is giving a high-five to the man on the right. The man on the right is wearing a black tank top with 'STRIVE' written on the back and is giving a high-five to the man in the middle. They are all smiling and looking at each other. The background is dark with some gym equipment visible.

— OUR COMMUNITY

Strive is a private community of individuals united by ambition and discipline. We foster an environment that values consistency, accountability, and mutual respect, creating a space where progress is both personal and collective.



— WHY STRIVE FITNESS CLUB?

- PREMIUM, RESULTS-DRIVEN TRAINING PROGRAMS
- ELITE COACHING AND PERSONALIZED ATTENTION
- SOPHISTICATED, HIGH-END FACILITIES
- STRUCTURED PROGRESSION FOR ALL LEVELS
- A REFINED AND MOTIVATED TRAINING CULTURE



— OUR PROMISE

At Strive Fitness Club, we are committed to delivering long-term transformation through precision training and elevated experiences. We focus on sustainable excellence—not trends—ensuring every member trains with confidence and purpose.



STRIVE[®]

FITNESS CLUB

Strength is refined through discipline. Excellence is achieved through consistency. At Strive Fitness Club, every session is an investment in a stronger, elevated future.



TRAIN WITH INTENTION. PERFORM WITH EXCELLENCE. **STRIVE** FOR DISTINCTION.

LIMITED-TIME MEMBERSHIP OFFERS —

50% OFF

ON ANNUAL MEMBERSHIP

30% OFF
6-MONTH MEMBERSHIP

15% OFF
3-MONTH MEMBERSHIP

MEMBERSHIP TYPE	REGULAR PRICE	DISCOUNT	FINAL PRICE
ANNUAL MEMBERSHIP	9,900 QAR	50%	4,950 QAR
6-MONTH MEMBERSHIP	5,400 QAR	30%	3,780 QAR
3-MONTH MEMBERSHIP	2,900 QAR	15%	2,320 QAR

THE OFFER COMES WITH A **20% LIFETIME PERSONAL TRAINING DISCOUNT**.
THIS OFFER IS VALID UNTIL DECEMBER 31, 2026.

MEMBERSHIP INCLUDES:



24 HOURS ACCESS TO GYM,
RECOVERY AREA & SPA



FREE GROUP FITNESS
CLASSES



2 COMPLIMENTARY
PERSONAL TRAINING SESSIONS



INBODY TEST
& CONSULTATION

EXPERIENCE THE LUXURIOUS SPA SERVICE
ONCE YOU SIGN UP IN ANNUAL MEMBERSHIP.
(12 SESSIONS PER YEAR)

STRIVE FITNESS CLUB

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THESE OFFERS ARE EXCLUSIVE TO

تستاهل | وزارة الدفاع
Testahel | Ministry of Defence
دولة قطر - State of Qatar



EMPLOYEES & THEIR FAMILIES

امتياز العافية الحصري

خصم 50%
على العضوية السنوية

خصم 15%
عضوية لمدة 3 أشهر

خصم 30%
عضوية لمدة 6 أشهر

نوع العضوية	السعر العادي	الخصم	السعر النهائي
عضوية سنوية	9,900 QAR	50%	4,950 QAR
عضوية لمدة 6 أشهر	5,400 QAR	30%	3,780 QAR
عضوية لمدة 3 أشهر	2,900 QAR	15%	2,320 QAR

وبي العرض تحصل على خصم 20% مدى الحياة على التدريب الشخصي.
هذا العرض ساري حتى 31 ديسمبر، 2026

تشمل العضوية:



فحص Inbody واستشارة



جلسات تدريب شخصي مجانيان



حصص لياقة جماعية مجانية



دخول لمدة 24 ساعة إلى النادي ومنطقة الاستشفاء والسبا

استمتع بخدمة السبا الفاخرة عند الاشتراك في
العضوية السنوية (12 جلسة في السنة)

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هالعروض حصرية لموظفي

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Ministry of Defence
دولة قطر - State of Qatar
وعائلاتهم